



### HEALTH HISTORY

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Reason for the visit: \_\_\_\_\_

Referred by:  Friends  Family  Online  Primary Care Physician  Urgent Care  Other: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Date of Last Visit: \_\_\_\_\_

If applicable, Cardiologist: \_\_\_\_\_ Date of Last Visit: \_\_\_\_\_

Preferred Pharmacy: \_\_\_\_\_ Pharmacy Phone Number: \_\_\_\_\_

Pharmacy Address: \_\_\_\_\_

#### Past Medical History

Do you have or have you ever had any of the following? (check if yes)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Anemia                   | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> High Cholesterol    |
| <input type="checkbox"/> Anxiety                  | <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> HIV/AIDS            |
| <input type="checkbox"/> Arthritis                | <input type="checkbox"/> Glaucoma            | <input type="checkbox"/> Kidney Disease      |
| <input type="checkbox"/> Asthma/Pulmonary Disease | <input type="checkbox"/> Gout                | <input type="checkbox"/> Psychiatric History |
| <input type="checkbox"/> Autoimmune Disease       | <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Stroke              |
| <input type="checkbox"/> Blood Clot               | <input type="checkbox"/> Hepatitis           | <input type="checkbox"/> Thyroid Disease     |
| <input type="checkbox"/> Cancer                   | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Tuberculosis        |
| <input type="checkbox"/> Depression               |  |  |

Other Conditions: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Past Surgical History: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List all medications and dosage currently taking, including blood thinners, supplements  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List all allergies and reaction (medications, food, metal)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever smoked?  YES  NO If Yes, how much and how often \_\_\_\_\_ If you quit, how long ago? \_\_\_\_\_

Do you drink alcohol?  YES  NO If Yes, how many drinks a week? \_\_\_\_\_

If Yes, has anyone ever told you to cut down on your drinking?  YES  NO

Have you ever you used recreational drugs, including marijuana.  YES  NO If yes, please list \_\_\_\_\_

\_\_\_\_\_  
Physician Initials

\_\_\_\_\_  
Date Reviewed



### Review of Systems

Do you CURRENTLY have any problems in the following areas?

.....If yes, please CIRCLE or provide details

YES NO

#### Constitutional

Weight gain or loss      Fatigue      Weakness      Fever

#### EYES

Loss of vision      Altered vision      Itchy eyes

#### Ears-Nose-Mouth-Throat

Loss of hearing      Nosebleeds      Sinus problem      Sores in mouth      Sore throats      Difficulty swallowing

#### Cardiovascular

Chest pain      Irregular heart beat      High blood pressure      Difficulty breathing walking up stairs

#### Musculoskeletal

Joint pain      Morning stiffness      Muscle weakness      Back pain      Joint swelling

#### Gastrointestinal

Nausea      Vomiting      Abdominal pain      Diarrhea      Blood in stool      Jaundice      Constipation

#### Genitourinary

Difficult urination      Pain or burning urination      Blood in urine      Discharge from genital

#### Respiratory

Shortness of breath      Difficulty breathing      Wheezing      Coughing      Coughing up blood

#### Skin

Easy bruising      Rash, itching      Hives      Nodes and bumps      Discolouration

#### Neurological

Numbness      Headache      Dizziness      Fainting spells      Tremors      Weakness      Muscle spasm

#### Blood/Lymph

Transfusion      Swollen Glands      Anemia      Prolong bleeding      Low blood count      Leukemia/lymphoma

#### Psychiatric

Depression      Anxiety      Disorientation      Hallucination      Disorientation

#### Endocrine

Frequent urination      Thyroid problems (fatigue, hair loss, hot/cold intolerance)

#### Allergic/Immunologic

Infection      Drug sensitivity      Hives, itching

\_\_\_\_\_  
Physician Initials

\_\_\_\_\_  
Date Reviewed